Final Terms dated 12 March 2015

Pohjola Bank plc ("Bank", "Pohjola Bank" or the "**Issuer**") (*Incorporated in Finland with limited liability*)

Issue of EUR 40,000,000 1.40 per cent. Instruments due 16 March 2035 under the EUR 15,000,000,000 Programme for the Issuance of Debt Instruments

Part A

Contractual Terms

Terms used herein shall be deemed to be defined as such for the purposes of the Conditions set forth in the Base Prospectus dated 17 February 2015 which constitutes a base prospectus for the purposes of the Prospectus Directive. This document constitutes the Final Terms of the Instruments described herein for the purposes of Article 5.4 of the Prospectus Directive and must be read in conjunction with such Base Prospectus. Full information on the Issuer and the offer of the Instruments is only available on the basis of the combination of these Final Terms and the Base Prospectus. The Base Prospectus is available for viewing during normal business hours at the offices of Deutsche Bank AG, London Branch, Winchester House, 1 Great Winchester Street, London EC2N 2DB and on Pohjola Bank plc's website (http://www.pohjola.com) and www.londonstockexchange.com/rns and copies may be obtained from the registered office of Pohjola Bank plc at Teollisuuskatu lb, FIN-00510 Helsinki, Finland.

1.	Issuer:		Pohjola Bank plc
2.	(i)	Series Number:	186
	(ii)	Tranche Number:	1
3.	Specifi	ed Currency or Currencies:	Euro ("EUR")
4.	Aggregate Nominal Amount of Instruments:		
	(i)	Series:	EUR 40,000,000
	(ii)	Tranche:	EUR 40,000,000
5.	Issue P	rice:	100.00 per cent. of the Aggregate Nominal Amount
6.	(i)	Specified Denominations:	EUR 100,000
	(ii)	Calculation Amount:	EUR 100,000
7.	(i)	Issue Date:	16 March 2015
	(ii)	Interest Commencement	Issue Date

Date

8.	Maturity Date:	16 March 2035
9.	Interest Basis:	1.40 per cent. Fixed Rate
		Condition 5A. (Interest - Fixed Rate)
10.	Redemption/Payment Basis:	Redemption at par
11.	Change of Interest or Redemption/ Payment Basis:	Not Applicable
12.	Put/Call Options:	Not Applicable
13.	Status of the Instruments:	Unsubordinated
14.	Method of distribution:	Non-syndicated

PROVISIONS RELATING TO INTEREST (IF ANY) PAYABLE

15.	Fixed Rate Instrument Provisions		Applicable
	(i)	Rate of Interest:	1.40 per cent. per annum payable in arrear on such Interest Payment Date
	(ii)	Interest Payment Date(s):	16 March in each year, commencing on 16 March 2016 up to, and including, the Maturity Date, subject to adjustment for payment purposes only in accordance with the Following Business Day Convention.
	(iii)	Fixed Coupon Amount:	EUR 1,400 per Calculation Amount
	(iv)	Broken Amount(s):	Not Applicable
	(v)	Day Count Fraction:	Actual/Actual (ICMA)
16.	Floatin Provisi	8	Not Applicable
17.	Zero Provisi	-	Not Applicable
PROVISIONS RELATING TO REDEMPTION			
18.	Call O	ption	Not Applicable
19.	Put Op	tion	Not Applicable

20. Final Redemption Amount EUR 100,000 per Calculation Amount

21. Early Redemption Amount

Early Redemption Amount(s) per EUR 100,000 per Calculation Amount Calculation Amount payable on redemption for taxation reasons or on event of default or other early redemption:

GENERAL PROVISIONS APPLICABLE TO THE INSTRUMENTS

Form of Instruments:	Bearer Instruments:
	Temporary Global Instrument exchangeable for a Permanent Global Instrument which is exchangeable for Definitive Instruments in the limited circumstances specified in the Permanent Global Instrument
New Global Instrument:	Yes
Financial Centre(s) or other special provisions relating to payment dates:	London and TARGET2
Talons for future Coupons or Receipts to be attached to Definitive Instruments (and dates on which such Talons mature):	No
Redenomination, renominalisation and reconventioning provisions (Condition 16):	Not Applicable
Substitution or variation following a Capital Event:	Applicable
	New Global Instrument: Financial Centre(s) or other special provisions relating to payment dates: Talons for future Coupons or Receipts to be attached to Definitive Instruments (and dates on which such Talons mature): Redenomination, renominalisation and reconventioning provisions (Condition 16):

Signed on behalf of the Issuer:

Ву: :	By:
Duly authorised	Duly authorised

Part B

Other Information

1. LISTING AND ADMISSION TO TRADING

Admission to trading:	Application has been made by the Issuer (or on its behalf) for the Instruments to be admitted to trading on the regulated market of the London Stock Exchange with effect from the Issue Date.

Estimate of total expenses related to GBP 1,750 admission to trading:

2. **RATINGS**

Ratings:

The Instruments to be issued are expected to be rated:

Standard & Poor's AA-Credit Market Services Europe Limited:

Moody's Investors Aa3 Service Ltd:

3. INTERESTS OF NATURAL AND LEGAL PERSONS INVOLVED IN THE ISSUE/OFFER

Save as discussed in "Subscription and Sale", so far as the Issuer is aware, no person involved in the offer of the Instruments has an interest material to the offer.

4. Fixed Rate Instruments only -YIELD

Indication of yield:

1.40 per cent. per annum

5. **OPERATIONAL INFORMATION**

ISIN Code:	XS1203048795
Common Code:	120304879
Any clearing system(s) other than Euroclear Bank SA/NV and Clearstream Banking Societe Anonyme and the relevant identification number(s):	Not Applicable
Delivery:	Delivery against payment

Names and addresses of additional Not Applicable Paying Agent(s) (if any):

New Global Instrument intended to be held in a manner which would allow Eurosystem eligibility: Yes. Note that the designation "Yes" simply means that the Instruments are intended upon issue to be deposited with one of the ICSDS as common safekeeper and does not necessarily mean that the Instruments will be recognised as eligible collateral for Eurosystem monetary policy and intra-day credit operations by the Eurosystem either upon issue or at any or all times during their life. Such recognition will depend upon the ECB being satisfied that Eurosystem eligibility criteria have been met.

6. **DISTRIBUTION**

(i) If syndicated, names of Managers	Not Applicable
(ii) Stabilising Manager(s) (if any):	Not Applicable
(iii) Date of Subscription Agreement:	Not Applicable
If non-syndicated, name and address of Dealer:	DZ BANK AG Deutsche Zentral-Genossenschaftsbank, Frankfurt am Main Platz der Republik 60265 Frankfurt am Main Federal Republic of Germany
U.S. Selling Restrictions:	Reg. S Compliance Category 2; TEFRA D